REWARDS FOR WELLNESS

Earn $100 Co-Share Credit!*

Obtain Your Annual Preventive Exam

January 1, 2016 to December 31, 2016

Take a step toward living a healthier life!

If you have not already done so this year, obtain an annual preventive exam now. Routine health exams and early detection can help prevent serious illness. Even if you're in the best shape of your life, a serious condition with no apparent signs or symptoms may put your health at risk. Through preventive exams and routine health screenings, your doctor can determine your current health status and detect early warning signs of more serious problems. During your visit your doctor may also determine what tests or health screenings are right for you based on many factors such as your age, gender, overall health status, personal health history and your current health condition. Visit **www.uhcpreventivecare.com** to find out which immunizations and screenings are recommended for you and your family.

This is the first activity of the 2016-2017 **Rewards for Wellness** program year. If you have already had a preventive exam in calendar year 2016 that was processed through the UnitedHealthcare claims system, you have already completed this first activity! If you had a preventative exam obtained in January 2016, this exam may have earned you a co-share credit under the 2015-2016 Rewards for Wellness program. This **same** exam will also earn you a co-share under the 2016-2017 Rewards for Wellness program, as there is a 1 month overlap in the two program years for this activity. If you have not already had a preventive exam this year, do so before December 31, 2016 in order to earn the $100 co-share credit incentive. Details are available at **www.wellness.ri.gov**.

*All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying the state employee medical co-shares that are posted at **www.employeebenefits.ri.gov** are eligible to receive incentives for co-share credit**.